

Fencing II
Santa Clara Adult Education
Summer Session 2006
Worksheet 16

Foil Review (Pages: 1-95)

- 1. What is gaining on the lunge?**
- 2. How is the running attack executed? How often should it be used?**
- 3. According to Italian theory why are there not ceding parries in first and second?**

Second Half of Actions on the Blade (Pages: 99-106)

- 1. Which actions on the blade are considered harsh actions on the blade?**
- 2. How many beats are there and what are their names?**
- 3. What is unique about the expulsion according to the Italian theory?**
- 4. How are pressures different than blade seizures?**
- 5. How is blade cover executed?**
- 6. How is the spiral disarmament to the right executed?**

Sabre (Pages: 181-213)

- 1. What are circular cuts?**
- 2. Where is the movement centered during the circular cuts?**
- 3. What is important to remember about the lunge with circular cuts? If the lunge during the circular cut is not executed properly to what is the attacker vulnerable?**