

# Fencing

Santa Clara Adult Education

Worksheet Three - Beginning

Reading Assignment pp. 20-23; 28-31 (Sec. Nos. 24; 29-33) from *The Science of Fencing*

## Chapter Three

1. Name each invitation used in the Italian system and each target area uncovered by each invitation. (Sec. No. 24)

## Chapter Four

2. What is offense? (Sec. No. 29)
3. What are simple attacks? How many are there in foil? What are their names? (Sec. No. 30)
4. What is the correct coordination between arm extension and lunge in the straight thrust? (Sec. No. 31 *Observation*)
5. With what is the disengagement effected? What kind of motion is the disengagement effected? (Sec. No. 32)
6. Where is the hand during the glide? What can be done against the adversary's imperfect or weak engagement? (Sec. No. 33; *Observation*)
7. Why is the cut-over only taught after the simple and compound actions effected with the point in line have been mastered? (Sec. No. 33 *Observation*)