

# FENCING – ALL LEVELS

## Santa Clara Adult Education

### General Syllabus

Instructor: Janine M. Sahn, Master at Arms  
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*Note: Please email me if you will miss a class or if you have any questions. Thank you.*

#### Class Schedule

Wednesday: 6:15 – 7:45 pm @ Curtis School

Friday: 7:30 – 9:00 pm @ Santa Clara Adult Education, Room 5

Meeting Dates	Class Topics	Reading/Worksheet Assignments (Pages from The Science of Fencing)
	<p>All classes will follow the same format:</p> <ul style="list-style-type: none"> <li>• Introduction of day's topic/discussion of theory</li> <li>• Footwork/warm-up</li> <li>• Lesson</li> <li>• Fencing</li> </ul>	<p>Reading assignments, worksheets, and articles are given to develop an understanding of fencing theory, an integral part of the duel.</p> <p>This syllabus and worksheets are available for download at <a href="http://www.fencingmastersprogram.com">www.fencingmastersprogram.com</a> (under Class Material in the SCAE listing)</p>
Wk 1/Day 1	<p><b>Beg:</b> How to put on equipment. How to hold foil Advance, retreat, lunge. Touch with a straight thrust.</p>	Pages: 3-16; Worksheet One
	<p><b>Int:</b> Parry Ladder</p>	Worksheet Seven
	<p><b>Sabre:</b> Simple attacks, feints</p>	Pages: 181-213; 219-231
Wk 1/Day 2	<p><b>Beg:</b> Hand positions, simple attacks</p>	Pages: 4, 16, 19-25; Worksheet Two Article: To Hit and Not Be Hit
	<p><b>Int:</b> Parry Ladder</p>	Pages: 91-99; Worksheet Eight
	<p><b>Sabre:</b> Simple parries, feints</p>	Pages: 214-218; 232-243
Wk 2/Day 1	<p><b>Beg:</b> Placements of the weapon</p>	Pages: 20-23, 28-31; Worksheet Three Article: The Fencer's Body: The Knees
	<p><b>Int:</b> Cut-over 1<sup>st</sup> half of actions on the blade</p>	
	<p><b>Sabre:</b> Circular attacks Actions on the blade</p>	Pages: 232-255
Wk 2/Day 2	<p><b>Beg:</b> Simple attacks</p>	Article: Sword-Fight at the OK Corral
	<p><b>Int:</b> Cut-over 1<sup>st</sup> half of actions on the blade</p>	Pages: 99-106; Worksheet Nine
	<p><b>Sabre:</b> Circular attacks Actions on the blade</p>	
Wk 3/Day 1	<p><b>Beg:</b> Simple attacks</p>	Pages: 33-37; Worksheet Four
	<p><b>Int:</b> 2<sup>nd</sup> half of actions on the blade</p>	
	<p><b>Sabre:</b> Circular attacks Actions on the blade</p>	

Wk 3/Day 2	<b>Beg: Simple parry/riposte</b>	<b>Article: Rocking Horse Fencer</b>
	<b>Int: 2<sup>nd</sup> half of actions on the blade</b>	<b>Pages: 112-117; Worksheet Ten</b>
	<b>Sabre: Circular attacks Actions on the blade</b>	
Wk 4/Day 1	<b>Beg: Simple parry/riposte</b>	<b>Pages: 38-40, 112-113; Worksheet Five</b>
	<b>Int: Renewed attacks</b>	
	<b>Sabre: Renewed attacks</b>	
Wk 4/Day 2	<b>Beg: Compound attacks</b>	<b>Article: Form Follows Function</b>
	<b>Int: Renewed attacks 1<sup>st</sup> half of counterattacks</b>	<b>Pages: 117-120; Worksheet Eleven</b>
	<b>Sabre: Renewed attacks Counterattacks</b>	<b>Pages: 256-261</b>
Wk 5/Day 1	<b>Beg: Compound attacks</b>	<b>Pages: 54-55; Worksheet Six</b>
	<b>Int: Counterattacks</b>	
	<b>Sabre: Counterattacks</b>	
Wk 5/Day 2	<b>Beg: Circular parries/attacks</b>	
	<b>Int: Counterattacks</b>	<b>Pages: 120-121; Worksheet Twelve</b>
	<b>Sabre: Counterattacks</b>	
Wk 6/Day 1	<b>Beg: Circular parries/attacks</b>	<b>Pages: 38-9, 45, 55, 59, 64, 69; Worksheet Seven</b>
	<b>Int: Contraries</b>	
	<b>Sabre: Contraries</b>	
Wk 6/Day 2	<b>Beg: Parry Ladder</b>	
	<b>Int: Contraries</b>	<b>Pages: 122-123; Worksheet Thirteen</b>
	<b>Sabre: Contraries</b>	<b>Page: 262</b>
Wk 7/Day 1	<b>Beg: Parry Ladder</b>	<b>Pages: 91-95; Worksheet Eight A</b>
	<b>Int: Actions in time (probing, concealment, attacks in time, counter-disengagement, first &amp; second intention)</b>	
	<b>Sabre: Actions in time</b>	
Wk 7/Day 2	<b>Beg: Cut-over</b>	
	<b>Int: Actions in time</b>	
	<b>Sabre: Actions in time</b>	
Wk 8/Day 1	<b>Beg: Cut-over</b>	
	<b>Int: Master's choice</b>	
	<b>Sabre: Master's choice</b>	
Wk 8/Day 2	<b>Beg: Review/Master's choice</b>	<b>Enjoy the break and hope to see you next session!</b>
	<b>Int: Master's choice</b>	
	<b>Sabre: Master's choice</b>	
<ul style="list-style-type: none"> <li>• <b>For new students: At least once during the eight-week session there will be a fencing demonstration and an opportunity to participate in scoring the bout. There will also be the opportunity to fence the Master, depending on progress.</b></li> </ul>		

**Text:**

*The Science of Fencing*, William M. Gaugler (Bangor, 2004). The cost is \$24.95 plus tax. (Reading assignments and worksheet materials are taken from this text.)

**Ordering Information:**

All texts can be ordered directly from the publisher, Laureate Press (800-946-2727).

Copies of *The Science of Fencing* are also available at the Barnes & Noble Bookstore at Santa Clara University, located in the Benson Memorial Center on the Santa Clara University campus. Phone: 408-554-4356. Directions to the campus can be found at:

<http://www.scu.edu/map/parking/directions.cfm>

**Other Suggested Reading:**

*The History of Fencing: Foundations of Modern European Swordplay*, William M. Gaugler (Bangor, 1998)

*A Dictionary of Universally Used Fencing Terminology*, William M. Gaugler (Bangor, 1997)

**Equipment:** All equipment is supplied. Since equipment can be expensive it is suggested that you use the supplied equipment until you are sure this is a sport for you. If and when you decide to buy your own equipment, consult the instructor for suppliers.